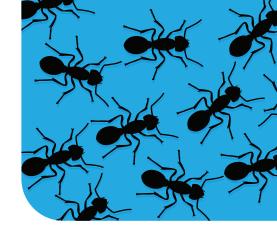
Newsletter

Integrity OCTOBER 2020



SAY IT:

Integrity means choosing to be truthful in whatever you say and do.

KNOW IT:

ASK A KID:

- Think of a time when it was hard to tell the truth but you did anyway. How did that make you feel? Were you scared to tell the truth because you thought you might get into trouble?
- Now think of a time when you told a story, fib, or white lie. What happened as a result of you telling the lie?

ASK A GROWN UP:

- Has there ever been a time when you told a friend a lie? Explain.
- Share a story of a time when you told the truth and did the right thing even though you risked getting into trouble by doing so. Explain the outcome.

SEE IT:

The Disney classic *Pinocchio* is a perfect example of how being dishonest only increases the problem. Viewers are able to visually see Pinocchio's nose grow with every fib and white lie he tells. While this is simply a figurative way of teaching honesty, we can see how this relates to real life. Think of real life consequences of being dishonest and discuss them with your family.

BE IT:

As a family, discuss ways to be honest with others. Talk about how to accept responsibility for one's actions rather than telling a lie. You might want to talk about how to avoid situations in which you might be asked to lie for another person. Talk about how integrity is a choice.



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PHASE Integrity OCTOBER 2020



Before you can lead someone where they need to go, you need to know where they are.

That's why it helps to understand what's changing...physically, mentally, relationally, culturally, emotionally, and morally.

The more you know them, the more they will...

- Know they matter.
- Believe they can win.
- Feel like they belong.
- Decide what they should do.

Remember, if you don't know who you are talking to, you can't really expect them to listen.

So don't miss it. The better you understand who your kids are now, the better they'll understand who they're meant to be.

