

April Overview (Pre-K / 4-5)

Bottom Line: I don't have to be first.

Value: Humility





MAKE IT FUN:

1. Toss and Take Turns

What you need: bean bags, three buckets or containers

What you do: Set up the game by placing the three buckets in a straight line, with the first one being closer to the children (or your family) and the third one being the furthest away. Have the children line up and let them take turns tossing the bean-bags into the different buckets. While they are waiting in line, encourage them to cheer for everyone else whether they land the bean bag in the bucket or not. Continue the game until everyone has had a chance to toss the bean bags.

What you say: "Our big idea this month is humility, which means we know we don't have to be first. All month long, we are going to practice taking turns and sharing. Today we are going to play a game where we have to take turns. This is a bean bag toss game. When it's your turn, you will toss the bean bag into one of the buckets. If you don't make it the first time, you will get a chance to try again, but you will have to wait until your next turn. Are you ready to play? Let's go!"

At the end of the activity: "You all did so great taking turns and cheering for everyone today. There are so many times when we have to wait in line and we aren't the first ones. Let's say our bottom line and do our hand motions together (hand motions are in the drawing on p.1): I don't have to be first."

2. Follow the Leader

What you need: no supplies are needed

What you do: Select one child to be the leader. Let him stand in front of the children and do body movements such as jumping jacks or arm circles. Have the other children follow his lead. After a few movements, select another child to be the leader. Continue the activity until all children have had a turn to be the leader.

What you say: "We are going to play a game today. One of you will be the leader. You will get to tell your family what to do and then we will choose another leader. Sometimes you are the leader and sometimes you follow. You will all get a chance to be a leader. Let's practice having a good attitude as we wait our turn."

At the end of the activity: "Thank you for having a good attitude while you were waiting to be the leader. Let's say our bottom line together: I don't have to be first."



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Humble Hands

What you need: washable paint, paint brushes, construction paper, marker

What you do: This is a hand print activity. Start by painting your child's hands with the washable paint. Then, have the child place both hands on the construction paper to make two hand prints. Once the paint is dry, you will use a marker to write "Humble Hands" on the paper. You can also add this month's bottom line to remind them that they are learning they don't have to be first.

What you say: "Our craft today is called 'Humble Hands'. We have been learning about humility, which means we know we don't have to be first all the time. When you are humble, you give others a chance to be first. We will be making hand prints for our craft today to remind us that we can be humble and use our hands to cheer for others."

At the end of the activity: "Show me your humble hands. This piece of art that you created can remind you of our big idea of humility. You can use your hands to cheer, encourage, and help your friends. When we want to be first all the time, it doesn't give others a chance to be first. Let's say our bottom line and do our hand motions together: I don't have to be first."

Humble Pie

What you need: Playdough, cookie cutters in various shapes and sizes

What you do: Let the your children work with the playdough to create a pretend pie. It's playfully called "Humble Pie" after the famous phrase. As they work with the playdough, encourage them to take turns with the different pieces and share opportunities with each other.

What you say: "We are learning how to be humble this month. We are humble when we show humility and we know that we don't have to be first. Today, we are going to work together with our family to make a pretend pie with playdough."

At the end of the activity: "We will call this our Humble Pie because you worked together and shared when you made it. You showed humility because you didn't always have to be first at everything. Let's say our bottom line and do our hand motions together: I don't have to be first."



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Wonder

What you need: The book *I Wonder* by Annika Harris (<https://www.youtube.com/watch?v=XtKfF082A7g>)

What you say before reading: "Have you ever wondered something and someone didn't have an answer for you? This is a book about a little girl named Eva who is full of questions for her mother. Let's read to find out what she learns."

What you say after reading: "Eva had some great questions! She wondered about so many things, but sometimes her mother didn't have an answer and said 'I don't know'. It's okay to not know something. This is part of humility. We don't know everything all the time. This book taught us that it's okay to say 'I don't know'."

AlphaOops

What you need: The book *AlphaOops! The Day Z Went First* by Alethea Kontis (<https://www.youtube.com/watch?v=zOzW4j1YeaM>)

What you say before reading: "I'm excited to read this story because it's a silly story that shows us that we don't always need to go first. Before we read, let's say our alphabet together...a,b,c,d... Great! Now, what would happen if our alphabet wasn't in that order? Let's read to find out."

What you say after reading: "That was so funny! When Z wanted to go first in the alphabet, he messed everything up! Everyone else wanted to go in a different place. The letter Z learned that his best spot is at the end of the alphabet. He learned that he doesn't need to go first. Let's say our bottom line and do our hand motions together: I don't have to be first."