

APRIL 2020

| *Hedgehog*

HUMILITY

Putting others first by giving up
what you think you deserve



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SAY IT

STEP ONE: Show The Big Idea Video:

https://www.youtube.com/watch?v=pY35nCGZ_pQ&list=PLVXqh1woV2T0aSNcA0-VdpGVMLC_ajt87&index=33

STEP TWO: Talk about the Big Idea

- When is it hard to put someone else before you?
- Is it possible to always get what you deserve?
Why or why not?

STEP THREE: Write about the Big Idea

- Draw a picture of you playing with someone else.

STEP FOUR: Activate the Big Idea in Your Life

SEL COMPETENCIES:

**PERSPECTIVE-TAKING, EMPATHY,
RESPECT FOR OTHERS**

SUPPLIES NEEDED: A *Humili-TEE Printable* for each child

ACTIVITY: Describe what a golf tee is for. Explain that without the tee, the first shot would be much harder on each hole. The tee lifts up the ball and is the foundation for the tee shot, kind of like how humility is the foundation for how we treat others. Have kids decorate their tee with messages or pictures of humility.

YOU SAY: "Realizing that we aren't always the most important is the foundation of treating others right. Working on sharing, allowing others to go first, and realizing you don't always have to have your way are a great start!"



KNOW IT

STEP ONE: Show The Big Idea Video

https://www.youtube.com/watch?v=buKvSbkjZt8&list=PLVXqh1woV2T0aSNcA0-VdpGVMLC_ajt87&index=34

STEP TWO: Talk about the Big Idea

- How is sharing like putting someone else first?
- When is it hard to share?

STEP THREE: Write about the Big Idea

- Draw a picture of you sharing your toys.

STEP FOUR: Activate the Big Idea in Your Life

SEL COMPETENCIES:
ORGANIZATIONAL SKILLS,
RESPECT FOR OTHERS

SUPPLIES NEEDED: butcher paper, pencils

ACTIVITY: Create a list of helpful jobs that students can do at home and rotate the children around to those jobs this month. Some examples include:

- dish washing
- cleaning the counters
- turning off light switches
- helping with the trash

WRAP UP: "Helping others is a great way to show humility. This month, as we each take on a different role in being helpful, we get to practice humility."

april 2020

WEEK: 1 2 3 4 +

[K-2 LESSONS]



SEE IT

STEP ONE: Show The Big Idea Video

https://www.youtube.com/watch?v=IXIOEAZHXQE&list=PLVXqh1woV2T0aSNcA0-VdpGVMLC_ajt87&index=35

STEP TWO: Talk about the Big Idea

- Why do you think he decided to give up his camp for his sister?
- What would you have done if you were Wes?

STEP THREE: Write about the Big Idea

- Draw a picture of you playing with a family member.

STEP FOUR: Activate the Big Idea in Your Life

SEL COMPETENCIES:

RELATIONSHIP BUILDING

ACTIVITY: To introduce the children to hedgehog behavior, show them the YouTube video "Funny Hedgehog Compilation!"
<https://youtu.be/gnG0fC1E71M>.

WRAP UP: "Hedgehogs are adorable and a fun way to look for humility in the natural world."



BE IT

STEP ONE: Show The Big Idea Video

https://www.youtube.com/watch?v=go7SOTGutE0&list=PLVXqh1woV2T0aSNcA0-VdpGVMLC_ajt87&index=36

STEP TWO: Talk about the Big Idea

- Is it hard to be humble and play a sport?
- Why do you think the coach has a rule that you have to pass three times before you can score?
- What did Lanie do instead of shooting a goal herself?

STEP THREE: Write about the Big Idea

- Draw a picture of you letting someone else go first.

STEP FOUR: Activate the Big Idea in Your Life

SEL COMPETENCIES:
RESPECT FOR OTHERS

ACTIVITY: Work together to do something that helps out your home or neighborhood (as appropriate). This could be picking up trash, cleaning up in your room, or any number of activities. After you are done, debrief with your family about how it feels to help others without taking credit.

WRAP UP: "There are many ways to help people, so let's keep looking for more ways to show our humility."