



BE IT

STEP ONE: Show The Big Idea Video

https://www.youtube.com/watch?v=go7SOTGutE0&list=PLVXqh1woV2T0aSNcA0-VdpGVMLC_ajt87&index=36

STEP TWO: Talk about the Big Idea

- Is it hard to be humble and play a sport?
- Why do you think the coach has a rule that you have to pass three times before you can score?
- What did Lanie do instead of shooting a goal herself?

STEP THREE: Write about the Big Idea

- Draw a picture of you letting someone else go first.

STEP FOUR: Activate the Big Idea in Your Life

SEL COMPETENCIES:
RESPECT FOR OTHERS

ACTIVITY: Work together to do something that helps out your home or neighborhood (as appropriate). This could be picking up trash, cleaning up in your room, or any number of activities. After you are done, debrief with your family about how it feels to help others without taking credit.

WRAP UP: "There are many ways to help people, so let's keep looking for more ways to show our humility."