

APRIL 2020

| *Hedgehog*

HUMILITY

Putting others first by giving up
what you think you deserve



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SAY IT

STEP ONE: Show The Big Idea Video

STEP TWO: Talk about the Big Idea

- Why is it hard to put someone else in front of you?
- When is it hard for you to be humble and why?

STEP THREE: Write about the Big Idea

- Why do you think people find humility so difficult?

STEP FOUR: Activate the Big Idea in Your Life

SEL COMPETENCIES:

**PERSPECTIVE-TAKING, EMPATHY,
RESPECT FOR OTHERS**

SUPPLIES NEEDED: A *Humili-TEE Printable* for each child

ACTIVITY: Describe what a golf tee is for. Explain that without the tee, the first shot would be much harder on each hole. The tee lifts up the ball and is the foundation for the tee shot, kind of like how humility is the foundation for how we treat others. Have children decorate their tee with messages or pictures of humility.

YOU SAY: "Realizing that we aren't always the most important is the foundation of treating others right. Working on sharing, allowing others to go first, and realizing you don't always have to have your way are a great start!"



KNOW IT

STEP ONE: Show The Big Idea Video

STEP TWO: Talk about the Big Idea

- How is sharing like putting someone else first?
- When is it hard to share?
- What do you think the song means by we all deserve to be at number one together?

STEP THREE: Write about the Big Idea

- Write about a time you put someone else first.

STEP FOUR: Activate the Big Idea in Your Life

SEL COMPETENCIES:
ORGANIZATIONAL SKILLS,
RESPECT FOR OTHERS

SUPPLIES NEEDED: butcher paper, pencils

ACTIVITY: Create a list of helpful jobs that students can do at home and rotate the children around to those jobs this month. Some examples include:

- dish washing
- cleaning the counters
- turning off light switches
- helping with the trash

WRAP UP: "Helping others is a great way to show humility. This month, as we each take on a different role in being helpful, we get to practice humility."



SEE IT

STEP ONE: Show The Big Idea Video

STEP TWO: Talk about the Big Idea

- Has there ever been something you wanted to do really badly, but you weren't able to? How did that feel?
- Why do you think he decided to give up his camp for his sister?
- What would you have done if you were Wes?

STEP THREE: Write about the Big Idea

- Write about a time someone put you first.

STEP FOUR: Activate the Big Idea in Your Life

SEL COMPETENCIES: RELATIONSHIP BUILDING

ACTIVITY: To introduce the children to hedgehog behavior, show them the YouTube video "Funny Hedgehog Compilation!" <https://youtu.be/gnG0fC1E71M>.

WRAP UP: "Hedgehogs are adorable and a fun way to look for humility in the natural world."



BE IT

STEP ONE: Show The Big Idea Video

STEP TWO: Talk about the Big Idea

- Do any of you play a sport? Is it hard to be humble and play a sport?
- Why do you think the coach has a rule that you have to pass three times before you can score?
- What did Lanie do instead of shooting a goal herself?

STEP THREE: Write about the Big Idea

- Describe a situation where you had to admit you made a mistake. What was that like? How did you show humility?

STEP FOUR: Activate the Big Idea in Your Life

SEL COMPETENCIES: RESPECT FOR OTHERS

ACTIVITY: Work together to do something that helps out your home or neighborhood (as appropriate). This could be picking up trash, cleaning up in your room, or any number of activities. After you are done, debrief with your family about how it feels to help others without taking credit.

WRAP UP: "There are many ways to help people, so let's keep looking for more ways to show our humility."